



Center for Medicaid and State Operations

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January 31, 2005

Dear Laboratory Director:

The Clinical Laboratory Improvement Amendment of 1988 (CLIA), Public Law 100-578, was promulgated by Congress to address concerns about incorrectly read Pap smears, lack of workload limits for individuals who screen them and the proliferation of unregulated laboratories. The CLIA Law specifically provides for the... “periodic confirmation and evaluation of the proficiency of individuals involved in screening or interpreting cytological preparations, including announced and unannounced on site proficiency testing of such individuals, with such testing to take place, to the extent practicable, under normal working conditions.” Final CLIA regulations, published in 1992, implemented the law and established quality standards to ensure the accuracy and reliability of laboratory testing.

The CLIA statute and the Centers for Medicare & Medicaid Services (CMS) recognize the importance of cytology proficiency testing as an additional means to assure high quality women’s health care and the overall enhancement of the public health.

With two CMS-approved testing programs and the recent nation-wide availability of testing, the requirement for proficiency testing is in effect for calendar year 2005. We look forward to working with you in the fulfillment of the final phase of the CLIA program for gynecological cytology proficiency testing. This letter contains information about the law and reference material that will be useful to you.

The two CMS-approved Cytology Proficiency Testing (PT) Programs for calendar year 2005 are (a) the State of Maryland Cytology PT Program and (b) the Midwest Institute for Medical Education (MIME) programs. Both programs have met the requirements of Subparts H and I of the CLIA regulations. We look forward to additional applications for CMS-approved proficiency testing. Regulations at 42 CFR 493.901 permit us to approve for calendar year 2006 any additional applications that meet the regulatory requirements so long as they are submitted by July 1, 2005.

The CLIA regulations at §493.855(a) state: “The laboratory must ensure that each individual engaged in the examination of gynecologic preparations is enrolled in a proficiency testing program approved by CMS . . .” Effective in 2005, all CLIA certified laboratories (accredited, non-accredited, and CLIA-exempt) that perform gynecologic cytology testing must ensure that each individual (cytotechnologists and pathologists) enrolls in a CMS-approved cytology PT program for 2005, no later than June 30, 2005 and annually thereafter. Following enrollment, you will be notified of the scheduled PT test date at least 30 days prior to the administration of the test. Every individual subject to Cytology PT is required to have completed their initial test no later than December 31, 2005.

The CMS will closely monitor progress in enrollment and test completion during calendar year 2005. We have taken steps in the survey process to ensure that this year (2005) is as educational as possible for those individuals that enroll and test in a timely manner. Please contact the Cytology PT programs listed in the attachment for specific fee, enrollment and testing information. A brief overview of the cytology requirements is also included.

The particular scheduling and logistical arrangements are matters to be worked out between you and the pertinent testing program. However, if you encounter significant difficulties that seem to defy resolution, please contact us. We will do our utmost to seek resolution.

Since the inception of the CLIA program, we have achieved significant progress in improving laboratory performance through collaboration with physicians, laboratories, laboratory professional and accrediting organizations. We will be working throughout the year to continue such progress and ensure that this final aspect of the CLIA implementation can occur as effectively as possible.

If my staff and I may be of assistance, please call 1-410-786-3531, or you may call the State Agency (SA) in the State where your laboratory is located as listed below.

Sincerely,

Judith A. Yost  
Director,  
Division of Laboratory Services  
Center for Medicare & Medicaid Services

Attachment

## **2005 CMS-Approved Cytology Proficiency Testing Programs**

### **State of Maryland Cytology Proficiency Testing Program**

Maryland Department of Health and Mental Hygiene  
Office of Health Care Quality – Laboratory Care  
Spring Grove Hospital – Bland Bryant Building  
55 Wade Avenue  
Catonsville, Maryland 21228  
Phone Number: (410)402-8028

### **Midwest Institute for Medical Education, Inc.**

9550 Zionsville Road  
Suite 110  
Indianapolis, Indiana 46268  
Phone Numbers: (317)876-4169, (800)575-2342  
www.mimeonline.com, www.cytoquest.com, or [www.mimeinc.org](http://www.mimeinc.org)

### **Brief Overview of Cytology PT Requirements**

The laboratory's cytology PT program of choice will ensure a sufficient number of 10-glass Test Slide Boxes to test each individual who examines Pap smears. The Test Slide Boxes consist of gynecologic cytology cases referenced by 100% agreement of at least three pathologists certified in anatomic pathology. Slides exhibiting premalignant (i.e., dysplasia, cervical intraepithelial neoplasia or all squamous intraepithelial lesions including human papillomavirus-associated changes) and malignant lesions have documented tissue biopsy confirmation.

The response categories for the test are outlined in the CLIA regulations at §493.945(b)(3)(ii)(A). Both the State of Maryland and MIME's PT program include at least one case from each of the following diagnostic categories required in the regulations: "A" unsatisfactory, "B" normal or benign changes, "C" low grade squamous intraepithelial lesion and "D" high grade intraepithelial lesions and malignancy.

Pathologists who routinely interpret gynecologic slide preparations only after they have been screened and marked by a cytotechnologist can either be tested using a test set that has been screened and marked by a cytotechnologist in their laboratory or using a test set that has not been previously screened. A pathologist who screens and interprets slide preparations without pre-screening by a cytotechnologist must be tested using a test set that has not been previously screened.

The regulations require all laboratory personnel who examine gynecologic cytology preparations must be present in the laboratory to take the proficiency test on the date that the laboratory has scheduled for them. The precise dates of testing and logistical arrangements are the responsibility of the laboratory and the PT provider. Those individuals not present for the PT test on the scheduled date will need to have an excused absence, verified by the Laboratory Director and must make arrangements to take a make-up test. Participants who miss the scheduled on-site test without an excused absence will receive a failing score of "0". Those individuals working at more than one location must identify the laboratory where they will be tested prior to the first testing event. A passing grade is 90%.

Each individual participating in a CMS-approved Cytology PT Program will be assigned a unique national PT registration number (PTR#) that will remain, regardless of CMS-approved PT program utilized or future places of employment. Identifying information for individuals will be placed in a privacy protected System of Records at CMS and its confidentiality will be maintained.

A complete description of the CLIA regulations may be found at <http://www.cms.gov/clia> or at <http://www.phppo.cdc.gov/clia/regs/toc.aspx>. CMS will provide on the above web site a comprehensive set of Questions and Answers.